## WHAT TO EXPECT

# from Well Woman Visits with Student Health Services

### Scheduling an appointment:

To schedule an appointment, call Student Health at 573.341.4284, simply stating you'd like to schedule a well woman visit and staff will assist you from there. After this initial contact, you will need to fill out forms on your patient portal. Well woman visits can be made if you are seeking or have concerns related to birth control, need a pap test, or are having a gynecological concern. All appointments and client information are confidential and protected by HIPAA federal law.

#### During an appointment:

You will check in at the front desk, and be taken back by one of Student Health's Nurses or Health Care Providers. Once there, you will be asked a few screening questions related to your physical and mental health. After this initial screening, you will then proceed with your well woman visit and address any concerns or topics you want covered. You should expect the visit to last about an hour, and may need to provide a urine sample.

#### After an appointment:

You may have some follow-up required (another appointment, getting medications, etc), but this vary based on individual need.